

Runners 8/5/08

are a credit to club at scenic Kirkbymoorside and Bristol

ON a warm Sunday afternoon, Pocklington Runners' presence was felt at the annual Kirkbymoorside 10km road race and despite a hilly and scenic course and a downhill finish, all the club's runners accredited themselves exceptionally well.

Pock's first runner home and with a finishing position of third overall was Dennis Speck, who charged around the course in a fantastic time of 36.08.

Next finisher was Helen Cross, who is slowly returning to her winning ways by placing first in the ladies' section in a time of 39.44.

The next three across the line were Howard Cross, Stewart Evans and Paul Holmes, who all finished in just over 44 minutes.

Despite the warm conditions, Louise Warren was able to record a good time as the second female from Pocklington Runners to cross the line in a time of 49.45 and not far behind was Sue Vicary, who notched up a time of 51 minutes exactly.

Helen Reeve continues to improve as she came home in 62 minutes exactly, followed by Julie Dunn, who clocked up another excellent performance with a time of 65 minutes.

Meanwhile, Pocklington Runner Steve Fletcher travelled to Bristol on Monday to run in a 10km race. Displaying his usual true grit, he pulled out a time of 62.46.