

# Runners record good times in two major events

9/10/08

LAST Sunday Pocklington Runners had representatives at the Harewood House 10 miler and of course at the world famous (and England's leading mass running event), the BUPA Great North Run.

At the majestic Harewood House 10 miler and twom ile Fun Run, Brian Dobson and little Megan Morris were the sole runners flying the flag for the club.

In the first race around the two mile fun run course, both Megan and Brian took to the line after a good steady run together, and it was little Megan who pipped Brian to the line in an excellent time of 20.02.

Shortly after in the 10 mile race, Brian tackled this very scenic and in some places muddy course, to finish with a time of 1.40.20.

Meanwhile, up at a very busy Newcastle some 50,000 runners had assembled to tackle this well supported and extremely popular event, and with conditions being near perfect and even a visit from the Red Arrows, all of the club's athletes were spurred on to produce

some excellent times. First runner to battle her way through the mass of runners was Alison Thornton who came away from Newcastle with a fantastic time of 1.42.40.

Only a little way behind and now with a new half marathon personal best time was Jill Dowson who on the day proved that it is possible to achieve a fast run at the Great North Run as she recorded a time of 1.43.38.

The club's first male finisher came home next and Paul Sheridan was well pleased with his time of 1.49.36 as he returned to Pocklington a very happy man.

Darren Reevell was another finisher and despite some injury worries of late, he was still able to produce an equally excellent time of 1.50.20.

Sue Vicary once again churned out another of her excellent performances as she does most weekends and on Sunday she was very content with her time of 1.54.57.

Faye Jessop was next runner home and on the day she was able to keep her time under the two-hour barrier as she stopped the clock at

1.59.41. Making a guest appearance in the North East was Simon Weedy and he did himself proud in this sometimes difficult race by recording a time of 2.04.32.

Helen Reevell was home next and this year she has tackled triathlons, long distance swims and road races of all distances so by knocking 24 minutes off her time from last year's race makes her time truly special as the clock stopped at 2.22.15 for her.

Stephanie Room, who is now a local to Newcastle as she is at nursing college there, put her knowledge to good use by cruising around the 13.1 mile course in a time of 2:23:31.

Making up the little contingent of athletes on the day was Jonathan Hill who is still quite new to the club, but still accredited himself well with a finishing time of 2.57.29.

A very well done to each and every one of the runners for travelling to these two races, you all help make these events what they are and without your dedication the wonderful sporting spectacle that everyone watches on the TV wouldn't be possible.