

Runners even strutted their stuff in Wales

18/9/08

ONCE again Pocklington Runners had a busy week-end with runners competing all over the county and even drifting over to Wales to strut their stuff!

Their first report comes from the Ampleforth 7 Mile Race, the Runners' only competitor there on the day being Sue Vicary who successfully conquered the race around the hilly course - but to Sue's disappointment, there was only a bottle of flavoured water this year at the finish as opposed to a bottle of cider last year! Sue's time on the day was 64:57.

At the Mablethorpe 10Km Road Race husband and wife team Helen and Darren Reevell made their presence felt around this windy seafront course and it was Darren who made his way around first as he crossed the finishing line in 47:48.

Helen had an unusual warm up for the race as she competed in a swimming event on Windermere on the Saturday, so her time of 60:06 was outstanding.

Rachel Harrington made up the little contingent of Runners at Mablethorpe on Sunday and she came away with a very creditable 66:43.

The last Runner was racing a little further afield than usual. Brian Dobson made his way over to the Ras Fawr Llanddodged 12.5km Road Race in the foothills of Snowdonia and following a really nice sunny scenic race he recorded a fantastic time of 72:41.

□ Would readers please note that the contact number for Pocklington Runners is 01759 305160, not 305106 as listed in our Local Pages Today brochure, distributed through our newspapers last week.