

24/1/08

SPORT

All Brass Monkeys for Pock Runners

THE first major Road Race of 2008 took place last Sunday from York's Knavesmire, as this year's Brass Monkey Half Marathon was staged. The windy conditions on the day didn't deter any of Pocklington Runners' finest from producing some excellent performances.

First Runner to conquer the day's out and back course was Helen Cross who once again made short work of her journey to cross the line with an excellent time of 1:26:00.

Warwick Anderson started the new year where he had left off in the last one with another first class performance as he recorded a time of 1:28:00 and Alan Kendra, who is deep into his London Marathon preparations, proved that this is paying off as he clocked in at 1:33:00. Not too far behind was Howard Cross who managed to put behind him some injury problems from last year to finish the day's race in 1:34:00.

The second lady finisher and fellow London Marathoner in training was Jill Dowson who managed to knock two minutes off her time from last year as she cruised around in 1:44:00.

Darren Reeveall who just keeps improving with every race showed that 2008 could be his year as he started it with a time of 1:48:00.

Another future force to be reckoned with, Charlie Hope, is steadily getting faster and producing the goods in every race and on the day it was no exception as she clocked a time of 1:57:00. The next lady in was Louise Warren who is still relatively new to running and she produced a very good solid performance with 1:59:00. The last three Runners often train together and on Sunday it was Helen Reeveall who led them home in a fantastic time of 2:36:00, next in was Keith Godfrey who is still running well into his 70s and has achieved more than most could only dream of. He was rewarded with a time of 2:40:00. Julie Dunn completed the little contingent of Runners and also recorded her first ever Half Marathon in a time she'll be well pleased with - 2:46:00.

As always a very well done to all of the Runners and good luck to all of you running in next month's now infamous Snake Lane 10 - - and keep that Pocklington flag flying!