



Runners awards

ALLERTHORPE Golf Club was the venue for the Pocklington Runners annual presentation evening for 2008.

The highlight of the 2008 year was the club winning the York and District Road Race League.

Amongst many excellent performances from all Pocklington Runners, Tom Danby took the shield for fastest male and Helen Cross for fastest female.

Warwick Anderson claimed run of the year for his epic Edinburgh Marathon and Fay Jessop won the lady runner of 2008.

Paul Sheridan was well worthy of claiming Pock Runners' male runner of the year and Helen Reevell won the Grand Prix title for 2008.

Simon Richardson deserved nothing less than the prestigious title of Club Person of 2008.

● A bitterly cold morning at this year's Dewsbury 10k saw over 900 competitors complete the course. The overall winner was Matt Bowser of Lincoln Athletics club in a time of 30:26. Pocklington Runners had only one runner at this race - Dennis Speck ran a very impressive race, ducking under the 35 minute barrier for the first time to finish in 26th position overall with an excellent 34:54 taking 40 seconds off his PB.

□ Some of the award winners at the presentation evening at Allertorpe GC. *Photo submitted*