

Kevin leads the way for running club

8/10/09

POCKLINGTON Runners were the hosts in the first in a series of six races in the East Yorkshire Cross Country league.

One of the toughest courses, which started at Bishop Wilton, saw Pocklington's Kevin Norman cross the line first for Pocklington followed by Warwick Anderson and Steven Woods, all covering the six-mile course in under 42 minutes.

Pocklington's times were Ed Rawlings 42:11, Steven Worth 43:55, Howard Cross 44:45, Clive Jefferey 45:31, Graham Shaw 46:41, Clive Reid 48:42 and Matt Sawyer 63:53.

Well done to all who represented the club on a fantastic morning for running. The next leg of the series will be at Drewton Woods on November 8 and is open to the female members of Pocklington Runners too.

Over at Harewood house Jill Dowson led Pocklington's contingent home in this scenic ten-mile trail race.



● Kevin Norman, who was first home for Pocklington at Bishop Wilton.

Hot on her heels was Paul Sheridan in 84:10 with Brian Dobson in 91:38. The two-mile trail race also saw Megan Morris cover the distance for Pocklington Juniors two minutes faster than her previous time. Megan crossed the line in 17:25, well done to all.