



RUNNERS GALLERY: A montage of the Pock Runners who took part in Tuesday's road race photo submitted

16/7/09

Runners pipped

P O C K L I N G T O N Runners were just pipped at the post in this year's York Road Race League by York Acorn Running Club.

The fifth and final race took place on Tuesday 7 July and, once again, Pocklington Runners turned out in force and ran hard to do the town justice, coming in a very respectable second place overall. The venue was a flat, fast course in and around the village of Wistow, just outside Selby and the weather was overcast but fairly warm, so conditions were pretty good.

Speedy Helen Cross ran a great race to come home as first lady in a great time of 37:38. Second home for Pock ladies was the fantastic Alison Thornton who put in a time of 45:10. She came in fourth in her age group and a brilliant ninth overall.

First over the line for Pocklington's men was Paul Tatterton, who came eighth overall in a

time of 36:01, followed by Richard Ginn (20th overall) in a time of 37:58.

Close on his heels was Steve Worth, 21st in a great time of 38:08. Stuart Smith was next with an admirable 40:36, followed by Mark Roper in 40:38. Other runners were Alan Kendra 41:01, Gary Tebbut 41:06, Mike Pullon 41:07, Clive Reid 42:59, Paul Sheridan 47:25, Brian Perkins 47:51, Faye Jessop 47:57, Adele Shipley 48:40, Simon Richardson 48:41, Stephen Ferre 53:17, Keith Thompson 54:21, Tracy Baty 54:28, Beverley Varley 57:50, Rachael Harrington 57:57, Jenny Metcalf 1:01:03 (who will definitely get under an hour next time!), and Di Thompson 1:01:41.

The race at Wistow was one of five in all...and overall results for Pocklington in the York Road Race League were: Tom Danby 1st, Denis Speck joint 2nd, Paul Tatterton joint 8th, Richard Ginn 16th,

Kevin Norman 21st, Steven Worth 22nd, Gary Tebbut 32nd, Mike Pullon 36th, Stuart Smith 38th, Mark Roper 39th, Alan Kendra 41st, Clive Reid 49th, Steve Baker 55th, Brian Perkins 73rd, Rod Robinson 86th, Keith Thompson 92nd.

The ladies did a great job too: Alison Thornton 8th, Faye Jessop 16th, Sue Vicary 22nd, Tracey Baty 36th, Beverley Varley 38th, Rachael Harrington 43rd, Di Thompson 47th.

There is a final race remaining in the League; the reverse handicap based on previous results, to be held in Stillington on Tuesday, 21 July, followed by the awards ceremony.

● Meanwhile in East Anglia, Warwick Anderson was battling it out in the annual Norwich Triathlon where, in excellent conditions, he finished in 2 hours 29 minutes, beating his personal best by 10 minutes.