## Debutant Tatterton claims top 10 spot



SEVEN Pocklington Runners joined over 1,300 athletes participating in the Robin Hood Marathon in Nottingham last weekend.

Courage and determination showed as Paul Tatterton, making his debut at this distance, was the first Pocklington Runner to cross the line in an amazing 10th position overall in a fantastic time of 2:49:15.

Endurance man Richard Ginn completed the 26.2 miles in 3:08:13. Steven Worth showed his courage and belief, finishing the course in 3:09.11, and Jim Holding had a fine race in 3:16

Clive Reid was next to cross the line in a time of 3:32:30 whilst Mike Pullon was hot on his heels in a excellent personal best time of 3:33:45, nine minutes better than his previous marathon time.

Adele Shipley has done the many hours and miles training for this event.

The hard work and dedication showed as she finished in 3:47:47 and finally Fay Jessop ran 3:57:17, a time to relish.

Simon Richardson ran the Wistow 10-mile road-race over in Selby and bobbed around in 65:08 while Howard Cross enjoyed some serious hill running in The Castleton Show 10k, rounding the ups and downs in 44:40.

Stephen Woods had the Settle Loop Tough Trail to contend with in 1:09:20.

Five Pocklington Runners

mixed a little running with cycling at The Humber Duathlon this weekend.

The 10km run followed by a 40km cycle road race finishing with a 5km run made a interesting race for all.

Clive Jefferey was first home for Pock's team in 2:13:48 whilst Ed Rawlings followed with a mighty effort in 2:14:59.

Kev Norman finished in second place in his race category and Jill Dowson claimed first place for the ladies overall in 2:30:07. Paul Sheridan raced home in a very respectable 2:32:42.

Pocklington Runners will be celebrating twenty five years of Pocklington Running Club on December 5 at the KP Club.