

It's time for the Snake Lane 10 again

19/2/09

THIS Sunday (22nd February) sees the Pocklington Runners host what is arguably one of the town's biggest sporting events of the year.

The Snake Lane 10 mile road race regularly attracts over 850 runners from all over the U.K. The course, which is renowned for being a fast and predominantly flat course, takes the runners out of Pocklington, down the mile to Meltonby, on to Bishop Wilton, then winding round Snake lane to Bolton, returning to Pocklington to finish in the town centre.



OFF AND RUNNING: An example of the typical massed start in the annual Snake Lane 10 which these days regularly attracts around 850 runners with another couple of hundred would-be entrants unable to be accommodated
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The gun is set to go off at 11am from Garth End and the first runners should be entering Pocklington down George Street at approximately 12 noon.

Please give them a clap and a cheer and look out for the blue and white colours of our very own Pocklington Runners.

Meanwhile last Sunday was a busy day for Pocklington Runners, with two members heading off to the hills of West Yorkshire to compete in 14th running of the Liversedge Half Marathon.

Gary Tebbutt tackled the 13.1 miles and finished in an impressive time of 1:38. Stuart Evans racing for the first time in eight months was pleased with his time of 1:45 - an excellent start to his racing year.

On the East side of the country at Welton, near Hull, more Pocklington Runners were competing in the fourth leg of The East Yorkshire Cross Country Championships.

The slippery conditions made the 5.4 miles tough. Steve Woods for Pocklington finished in a very impressive 13th place over all in 36:39 while Helen Cross, taking things steadily, crossed the line in third place in the ladies race.

Other times for the day included Warwick Anderson 37:39, Kevin Norman 38:48, Patrick Piggott 41:31 Steven Worth 42:03, Paul Holmes 42:34, Alan Kendra 44:45 Paul Sheridan 46:50 Jill Dowson 48:03 and Fay Jessop with 50:46.