

Don't think twice, it's all right for Runners

GOING by the weather the night before the Bishop Wilton Show, a lot of runners were maybe thinking twice about running the Half Marathon on Saturday. It had rained solidly on Friday and the wind was howling through the trees. And although the weather was far from gorgeous on the day, it was overcast (good for runners) and the wind had dropped a fair bit (very good for runners).

Billed as one of the toughest half marathons in the country, it heads out of Bishop Wilton and wends its way up into the Wolds with some gruelling uphill and treacherous downhill. Those

who have run it before know only too well what a run up the hill to Givendale can be like when you've just run another 11! In spite of this, Pock Runners turned out in force and did brilliantly.

Tom Danby was reliably first over the line for Pock Runners and second overall in a brilliant time of 75:51. Second for Pocklington and 13th overall was Paul Tatterton with another great run of 82:36. Jim Holding came in third and 40th overall in a time of 91:45.

First lady for Pocklington this time round was the amazing Jill Dowson, who left her friends standing to finish in a great time of 109:58.

Other runners (most pictured below) were Kevin Norman 93:28; Stuart Smith 94:21; Warwick Anderson 95:42; Clive Reid 96:14; Paul Holmes 109:04; Marcus Bourne 110:44; Faye Jessop 112:34; Paul Sheridan 116:11; Sarah Hargreaves 119:05; Sue Vicary 120:47; Deborah Cahill 127:02; Sharon Watt 142:58; Jennifer Metcalfe 153:11.

Mention must also be made of the fantastic flying Megan Morris, who was first girl over the line in the two mile fun run in an amazing time of 13 minutes and 22 seconds. Really well done, Megan!

Meanwhile, a week before, a gang of runners took part in

the Walkington 10k and, again ran some great times.

First over the line in this evening race was Stephen Wood in 41:53 and Dennis Speck came in second for Pocklington in a time of 42:09.

First over the line for the ladies was Alison Thornton in a great time of 45:24.

Other runners together with their times included Mike Pullon 42:09; Paul Holmes 44:28; Marcus Bourne 46:14; Faye Jessop 48:21; Sue Vicary 51:07; Keith Thompson 55:41; Tracey Baty 55:50; Rachael Harrington 56:53; Johanna Vicary 58:44; Steve Fletcher 59:32; Sally Utley 1:01:47; Jenny Metcalfe 1:01:54 and Di Thompson in 1:04:29.

