

Windy for Pock Runners

27/8/09.

SUNDAY morning once again saw a few hardy Pocklington runners make their way through some pretty windy conditions over at The Escrick 10k. The course, which winds its way through the Escrick Park Estate, combines road and trail running making it a interesting combination for the two hundred and fifty competing athletes.

Pocklington Runners Simon Richardson battled out the elements to cross

the line in tenth position overall in 38:50 Marcus Bourne (pictured) ran like the wind to record a fantastic time of 49:23 and Steve Fletcher ran a great time of 68:19.

Further North at the Billingham 10k a field of over three hundred runners took part in another very windy race. Helen Cross managed to use all her strength to claim third place in the ladies race with a excellent time of 37:33 and husband Howard



claimed sixty eighth place in a time of 41:22.