Carnival time for Runners

SUNDAY saw eight of Pocklington runners take the trip to Kirkbymoorside for the carnival-like 10k road race.

The brass bands played on as four hundred and thirty three runners tackled this fast undulating course with Paul Tatterton leading the way home for Pocklington Runners with eighth position overall in 36:44.

Mike Pullon came away with a PB of 41:56 whilst Alison Thornton hitting top form also ran a PB and claimed the V35 prize for her 44:50.

Sue Vicory ran an excellent 51:03 and hot on her heals came Jackie Robinson with 52:47, and husband Rod Robinson racing well with 52:51. Jennifer Metcalfe gave it her all with 65:28 and Sally Utley ran an excellent effort in 66:20.

Bank holiday Monday saw five of Pocklington Runners head out to The Rothwell 10k Road Race near Leeds. The race attracted just short of eight hundred runners, all destined to perform well on this infamously quick course.

Pocklington's Gary Tebbutt crossed the line in 40:51 and Mike Pullon wasted no time in setting another PB after his previous day's effort - 41:35 for Mike. Vicky Whitelock was first lady home for Pock with a fantastic effort in 42:27. A suffering Darren Reevell managed a massive PB time of 42:43, and Brian Dobson did an excellent 51:53.

Well done to all the runners who represented the club, also congratulations to all who conquered last weeks London Marathon.

LONDON MARATHON STARS: Sue Brown, Adele Shipley, Helen Reevell, Simon Richardson, Richard Ginn, Warwick Anderson, and Denis Speck - with their medals

