

# Pocklington Runners cement league push

3/6/10

LAST Tuesday Pocklington Runners had some excellent performances in the second race of the York Road Race League series at Easingwold.

And Tom Danby left the rest of the competing clubs' runners behind with a classic show of road racing winning in a time of 34:18.

Excellent runs from Steven Worth (38:27), Kevin Norman (39:03), Simon Rycroft (39:37), Stuart Smith (39:40), and Warwick Anderson (40:58), eased the men's team into second place in the league overall.

Helen Cross (39:22) won the ladies race too in similar style with no challenge from the competition so it was a one-two for Pocklington Runners.

Alison Thornton and Jill Dowson kept up the pressure on their V45 age category challenge with second place and third place which also keeps the ladies team in second place in the overall league standings.

More than 30 Pocklington Runners competed and their times included the following:

Patrick Piggott 41:02, Alan Kendra 41:13, Richard Ginn 41:27, Mark Roper 41:43, Simon Richardson 41:58, Mike Pullon 42:22, Howard Cross 42:27, Darren Reevell 43:23, Clive Reid 44:16, Patrick Hough 44:19, Tracy Edward 45:59, Sarah Stead 46:03, Gary Tebbut 46:39, Brian Perkins 47:25, Adele Shipley 48:34, Mike Smith 49:15, Paul Sheridan 49:29, Sue Brown 49:29, Paul Miller

50:55, Rod Robinson 51:42, Fay Jessop 52:35, Steven Ferre 53:17, Rachael Harrington 54:07, Colin Shipley 54:15, Dave Barker 54:17, Deborah Cahill 54:52, Helen Pickergill 55:16, Bev Varley 65:14 and Di Thompson in 69:04.

Well done to all Pocklington Runners in a very successful week at the York Road Race League with a one two for Pock and looking good to perhaps take the men's and the ladies team titles for 2010?

Meanwhile, Pocklington's junior star Megan Morris was in action at the Melmerby 2 ¼ mile fun run. Megan finished in eighth place, second in her age category, in a time of 19:42.