

5/8/10

# Runners out in force for Tomlinson

## The Jane Tomlinson York 10k 2010

SUNDAY morning saw over four thousand runners turn out to support this years Jane Tomlinson s 10k run through the streets of York.

There was a fantastic atmosphere at the start with a number of famous faces, including Nell McAndrew, Richard Dunwoody and Sir Geoff Hurst, all raising the profile of this, which has become one of the most popular events in the race calendar.

Pocklington Runners had no less than 14 runners entered with some fantastic times recorded.

Dennis Speck finished in ninth place overall with an awesome display of his talent with a time of 34:35.

Mike Pullon just pipped Howard Cross by one second finishing in 41:25 with Howard in 41:26.

After completing the London to Paris cycle event the previous weekend and an Iron man event looming Jill Dowson proved she could become an Iron Lady finishing in 45:34.

Paul Holmes rounded the course in 45:12 and Steve Ferre just missing out on his dream sub 50 minute time in 50:04.

Adele Shipley ran an excellent time of 46:06, and Pocklington's other finishers included Paul Miller 48:12, Helen Crowle 55:21 and Sarah Stead 56:18.

Brian Dobson fought off his knee injury bravely finishing in 56:44, with Tracy Baty crossing the finishing line in 55:23.

Helen Reeve ran a cool 58:22, with Sandra Robinson coming home in 1:03:12, Di Thompson had a great time with 1:05:39 and finally Wendy Taylor ran a very encouraging 1:21:16.

Well done to Mike Pullon, Howard Cross, and Adele Shipley who supported "The Jesse's Fund Charity", with the Active Care Chiropractic team who s runner Ben Livesey won the race out right in a time of 32:02.