

Runners brave the weather

7/10/10

The Foston & Thornton Le Clay 10K 2010 Mablethorpe Marathon

East Yorkshire Cross Country League

BISHOP Wilton was the worst place to be for the first race in this year's East Yorkshire Cross Country League race, with atrocious weather conditions making the 10K course a gruelling test of stamina and endurance.

This was reflected in a low turnout for the event however Pocklington Runners were up to the challenge with Kevin Norman finishing in 44:08 with Stuart Smith hot on his muddy heels crossing the finishing line in 44:10 Steve Worth and Jim Holding could only be separated by a single second finishing in 45:50 and 45:51, and Stu Evans returning to the cross country league with a great effort in 51:30. Pocklington's times were Marcus Bourne 54:01, Graham Shaw 55:18, Brian Perkins 56:41, Paul Miller 59:23 Steve Ferre 60:16, and Pocks first lady home was Di Thompson in 78:17. Tracy Baty battled through the muddy conditions finishing in 82:45 and Bev Varley completed the team challenge finishing in 85:07.

Meanwhile over at this year's Foston & Thornton Le Clay 10K Pocklington Runners had a husband and wife team out in the elements, over two hundred runners also endured the atrocious weather conditions to round the undulating ten kilometre course. Simon ran an excellent race with a top ten finish for Pock crossing the finish line in 38:17 with Debbie finishing in 53:57. Congratulations to Pocklington Runners junior Megan Morris who had a great run over at The Harewood House trail race with an excellent performance.

Meanwhile further south east Mike Pullon and Clive Reid battled it out in the wind and rain with fantastic marathon performances. Clive finished faster than he had run in over three years at the marathon distance in 3 hours 25 minutes. His hard work and training paid off earning him second in his M60 age category.

Mike Pullon, had also put many long hours of training in, also had a great race, despite suffering from a cold managed a P.B with a finishing time of 3:26:03.

Well done to all Pock Runners who raced on a weekend of testing running conditions.