



More good times from local runners

16/9/10

Pocklington Runners Race weekend

STEVEN Worth showed some real race pace at The Burton Pidsea 10k on Sunday.

The race which attracted a mere 200 runners, Steven clocked a time of 38:49 for the six point two mile race.

The Weatherby 10k always a popular event saw over six hundred athletes compete over the same

distance with Simon Rycroft leading the way home for Pocklington Runners in a fantastic time of 38:43 with Daz Reeve (pictured left) having a post holiday saunter finishing in 48:24.

Jill Dowson completed this weeks racing with an excellent performance at the Leeds Triathlon with a very good display of swimming, running and cycling to finish first in her age category, also congratulations to Paul Sheridan who also completed the event.