

Summer League Series underway

20/5/10.

York & District Road Race League 2010

POCKLINGTON Runners hosted the first race in the start of this year's 2010 summer league series at Percy Road on Tuesday evening.

Sweat Shop, who sponsor this event, saw approximately 200 competitors from local running clubs set out on their quest to be 2010 champions in this a five race series over the 10k distance.

Pocklington Runners had no less than thirty three of their runners taking part and first home was Dennis Speck in third place overall in 35:44. Ed Rawlings finished in fifteenth place with a good solid performance in 37:49 and Steven Worth finished in 37:57.

Pock first lady was Helen Cross who s back from injury with a steady run claiming the first lady in the race. Kev Norman finished in 38:47 and Pocks very own Stuart Smith knocked nearly three minutes off his last years effort finishing in 39:04.

Pocklington Runners Men's team captain Paul Tatterton finished in 39:18 with Simon Rycroft in 39:30 and Patrick Piggott smashed the forty minute barrier with 39:49 for the first time.

Pocklington times were, Alan Kendra 40:54 Mike Pulton 41:28, Mark Roper 41:53, Clive Jeffries 42:19, Darren Reeve 43:28, Clive Reid 43:51, Alison Thornton 43:59, Patrick Hough 44:20, Jill Dowson 45:14, Tracy Edward making her debut for Pock-

lington Runners finished in 46:29, Sarah Stead 47:39, Mike Smith 47:44, Brian Perkins 48:24, Sue Brown 48:54, Paul Sheridan 49:05, Sue Vicary 49:46, Fay Jessop 50:57, Rod Robinson 51:19, Steve Ferre 52:00, Rachel Harrington 54:06, Helen Pickergill 54:20, Colin Shipley 54:44, Adele Shipley 54:47, Charley Hope 58:00, Di Thompson 65:22, and Bev Varley also finishing in 65:22.

Pocklington junior star Megan Morris was in good form over at The Yorkshire 10K. The race took part at Newby Hall. Megan ran the 2k fun run prior to the main race and finished in 9:05 minutes claiming the first under twelve lady place.

Well done to Megan who is showing a promising future for Pocklington Runners.



● Pictured from left are Pocklington's Helen Cross, Mark Easingwold and Bev Varley