



● Pictured, from left, are Helen Cross, Steven Worth, Tom Danby, Paul Tatterton, Cath Bee, Richard Ginn and club president Ken Falkingham with Alan Kendra.

25/2/10

Runners celebrate an excellent year

ALLERTHORPE Golf Club was the venue for Pocklington Runners' awards evening for 2009.

Pocklington's fastest lady and fastest man awards were again claimed by Tom Danby and Helen Cross who continued to dominate and re-write the club's records many times in 2009.

Team captain Paul Tatterton won the club grand prix prize with Bev Varley second and Tracy Batey in third place – excellent achievements from relatively new members of Pock Runners.

Female runner of the year was presented to Adele Shipley who has shown throughout 2009 that hard work and marathons do give big rewards!

Steven Worth continued to impress and deservedly won male runner of the year.

Kath Bee is the club person of the year for all her efforts and hard work throughout.

Over 800 expected for town run

ON SUNDAY morning Pocklington Runners will be hosting their main event of the year with the ever famous Snake Lane 10-Mile Road Race.

This race is arguably one of the biggest sporting events of the year for Pocklington with over 800 athletes from all over Great Britain taking part.

The race will start at 11am at Garths End and make its way out down the mile taking in Meltonby, Bishop Wilton, Bolton and finally the fast flat finish down George Street to the town centre finish line. The first runners should be finishing at around 11:50am onwards.

Pocklington Runners will need lots of support with more than half the club taking part. Some local encouragement would be a massive boost to their efforts on the day so please come out and cheer them on.

Paul Tatterton's Nottingham marathon time of 2:49:15 gave him the run of the year.

Finally the new award of chairman cup, which is presented for outstanding achievement, went to the endurance man

of Pocklington Runners Richard Ginn for his many marathons and iron man and endurance events of 2009.

Club chairman Alan Kendra and club president Ken Falkingham presented the prizes to the stars of 2009.