

Pocklington Runners out in force for big events

Lincoln 10k

FIVE Pocklington runners raced with more than 4,000 others in the 14th annual Lincoln 10k race on Sunday.

Alan Kendra was first to cross the finish line for Pocklington in an excellent time of 40:23, and Patrick Piggott followed with a brilliant run in 40:42.

Marcus Bourne did not need to fancy dress to make his race a classic as he equalled his personal best for the distance recording a time of 45:12.

Paul Sheridan also showed some true grit and determination with a fantastic time of 48:53,

while Stephen Fere completed the Pocklington contingent with an excellent time of 50:11.

Retford Half-Marathon

DAZ Reeve found the last three miles a bit of a struggle, but showed his true worth walking and jogging the last four miles to still finish with a very courageous time of 1:41:01.

Lightwater Valley 10k

LIGHTWATER Valley also held its annual 10k race this weekend and Brian Dobson ran an epic race crossing the finish line in 59:35.

Megan Morris is the up and coming Pocklington junior star and she ran an excellent fun run time of 14:45, to give her eighth place overall in the girls race!

Spen 20

LATE results meant last week's report missed a select few of Pocklington Runners who ran the Spen 20 over at Cleckheaton, so congratulations also go to Simon Richardson who finished in 2:35:18, Alison Thornton in 2:36:46, Mike Pullon 2:39:40, Adele Shipley 3:03:21 and Sue Vicary, who finished in 3:11:13.

25/3/10