

# Runners brave the heat for Edinburgh race

27/5/10

RUNNERS from Pocklington made the long haul journey up to Scotland to participate in this year's Edinburgh Marathon at the weekend.

The temperature once again did not favour 26.2 miles of Scottish Roads like last

year's race.

But the heat did not deter Helen Reeve who put in some serious training for this event, and though the searing heat made it difficult, Helen finished in a very creditable time of 5:56.

Sally Utley also completed the course in a sizzling time of six hours and three minutes, a great effort on her very first marathon. Sue Vicary came home in 4 hours and five minutes.

Meanwhile the half marathon seemed like the easier option on the day so Liz Johnson trotted around the 13.1 miles in two hours with Lisa Walker returning

to full fitness after a chest infection, remarkably finished in two hours 15 minutes; well done to all who made the long journey.

Meanwhile back in the East Riding Debra Cahill made a welcome return for Pocklington Runners at The Hull 10k. After a six-week lay off through injury, Debra managed to finish in 54:31.

Adele Shipley also ran a great race, once again the temperature played a big part in times but Adele still managed to run 47:32 and placed 27th lady.

Well done to all who braved the heat on a hot weekend for Pocklington Runners.

