

Off-road 10k for Pock Runners

1/9/11

THE Escrick Estate, near York, was the setting for an off-road 10K race that attracted a field of 383 runners.

The conditions were hot and humid, although some relief from the sun was provided through the wooded sections.

Harry Bryan was the leading Pocklington runner with a time of 43.36, than Steve Eastoe 51.52, Sue Vicary 54.02, Sally Utley 58.12, Sarah Hargreaves 58.13, Marcus Bourne 58.14 and Stephen Fletcher 68.11.

Pocklington Runners meet for training runs on Wednesday evenings at the Rugby Club at 6.30pm.

For full details visit www.pockrunners.com.