

Runners head north

8/9/11

THREE runners travelled north to take part in the Middlesbrough Tees Park 10k.

A total of 2,585 runners completed the race and created a great atmosphere in warm and humid conditions.

Dennis Speck was first back for Pocklington in an excellent time of 35.04, in 21st position. Next was Stuart Smith, placed 88th in a time of 39.43 and Alan Kendra 110th in 40.27 - a season's best and 12th in category, out of 196.

Gary Tebbutt went to the Midlands to run in the Wolverhampton Marathon. Gary was 69th in a field of 312 and came fourth in his category in a solid time of 3.31.59.

Gary reports that the course was boring and that he had to really battle over the last six miles.

Pocklington Runners meet for training runs on Wednesday evenings at the Rugby Club at 6.30pm. For full details visit www.pockrunners.com.