

Busy week for Pocklington Runners across Yorkshire

12/5/11

POCKLINGTON Runners hosted the first race of the York & District Road Runners League 10K summer series at the start of this month.

226 runners from eight clubs from York, Easingwold, Selby, Pickering, Tadcaster and Pocklington raced round a hilly course on a dry but chilly evening.

37 Pocklington Runners took part with Denis Speck coming second in 35.10, Ed Rawlings was 13th in 38.19, Steven Worth 38.33, Stuart Smith 38.43, Richard Ginn 38.50, Richard Ramshaw 42.02, Howard Cross 42.45, Keith Oliver (2nd in Cat.) 42.54, Gary Tebbutt 43.15, Stuart Evans 43.16, Alan Kendra 43.34.

The first woman from Pocklington to finish was Rachael Houseman (2nd in category), followed by 43.41, Clive Reid (3rd in category) 44.17, Alison Thornton (1st in Cat.) 44.40, Clive Jeffery 45.26, Marcus Bourne 45.35, Sara Stead 45.42, Paul Sheridan 45.54, Brian Perkins 47.35, Andrew Gill 48.04, Colin Shipley 48.05, Adele Shipley 48.07, Lindsay Cameron 48.10, Deborah Cahill 49:35, Craig Marshall 51.04, Mick East 51.26, Sue Vickery 51.38, Paul Miller 51.42, Steven Eastoe 51:43, Rod Robinson 52.06, Helen Pickergill 52.40, Jackie Robinson 54.45, Gordon Mellor 58.54, Di Thompson 63.23, Emma Barker 65.30, Sara Barker 65.30 and Bev Varley 68.35.

On Sunday 8 May, Mike Pullon joined 606 runners taking part in the Halstead & Essex Marathon.

Mike was hoping for still, cool conditions and a flat to undulating on-road course but what he got was a very hot and humid day with blustery head winds and a hilly course (1,085 metres of ascents) with long sections of broken path and an off-road section of almost a mile, after 25 miles.

At 15 miles the heat and hills had got to Mike and any hope of a PB had gone and by 20 miles the chances of a sub 3.30 had passed so, by the end, he was pleased just to have finished and, given the conditions, was satisfied with a time of 3.41.29 (position 120).

A little closer to home Stephen Fletcher paid his annual trip to Sheffield to take part in the City's half marathon. Stephen was pleased to complete the very hilly course, in hot weather, in 2.24.30.

Another half marathoner on Sunday was Helen Reevell who ran in Leeds in a time of 1.55.22.

A further event taking place on Sunday was the Beverley 10K.

This prestigious race attracted 1085 runners including 18 from Pocklington, many of whom had been in the YDRRL event on Tuesday.

After a short downpour, the race set off from

the Minster and, after passing through the Bar, went over the Westwood to Walkington and then back over the Westwood to Saturday Market and down Toll Gavel, where a large crowd had gathered to cheer on the runners to the finish at Wednesday Market.

The hills up Westwood and towards Walkington coupled with the hot weather provided the runners with plenty of challenges.

Coming home first for Pocklington was Patrick Piggott in 40.32, then Gary Tebbutt 42.01, Alan Kendra 44.56, with the first woman being Adele Shipley 45.44, followed by Sara Stead 46.33, Marcus Bourne 47.33, Colin Shipley 49.33, Simon Richardson 49.34, Sarah Hargreaves 49.46, Sue Brown 50.05, Deborah Cahill 51.09, Charlie Hope 51.08, Steve Eastoe 51.13, Di Thompson 64.19, Tracey Baty 68.50, Bev Varley 68.53, Gordon Mellor 69.27 and Sharron Anderson 69.39 (PB), paced by Warwick Anderson 69.41.

Also in Beverley on Sunday was a junior's 2K race in which the club was represented by Megan Morris, with an excellent time of 11.40, and by Bethany and Eleanor Anderson.

For membership details please visit www.pockrunners.com