



# Knavesmire trip for runners

ROUND four of the YDRRL 10K series saw a huge turnout of 37 Pocklington Runners travel to the Knavesmire to take on three (and a bit) laps of the, flat, race course.

The conditions were a little kinder to the runners than for the past two years as it was warm rather than blisteringly hot.

First home for Pocklington was Dennis Speck consolidating his position in the overall competition by coming third in 35.51. Helen Cross, with a time of 37.38, also maintained her overall

position by being the first woman to finish.

Next back was Stephen Worth 38.31, Patrick Piggott 39.37, Ed Rawlings 40.53, Mike Pullon 41.19, Warwick Anderson 41.27 which was a great time given his two marathons over the previous weekend..

Others in the race included Alan Kendra 42.27, Gary Tebbutt 43.05, Howard Cross 43.13, Stuart Evans 43.26, Patrick Hough 43.39, Clive Jeffery 43.47, Alison Thornton 44.07 (first in category), Rachael Houseman 44.22, Paul Sheridan

44.13 (PB), Adele Shipley 45.13, Simon Richardson 45.14, Marcus Bourne 46.04, Colin Shipley 47.58, Drew Gill 48.00, Lindsay Cameron 48.44, Sarah Hargreaves 49.42, Deborah Cahill 50.19, Rod Robinson 50.40, Sue Vickery 51.50, Steve Eastoe 51.50, Jackie Robinson 53.07 (first in category), Helen Pickergill 54.08, Stephen Ferre 51.50, David Barker 58.32, Emma Barker 61.12, Gordon Mellor 61.12, Di Thompson 62.58, Tracy Batty 63.06, Sharron Anderson 65.10 and Bev Varley 66.18

23/6/11