



Pocklington Runners report: Monday, 03 December 2012

Helen's romp

Helen Pickersgill took on the challenge of the 24 mile cross country Rudolph's Romp. This festive slog across the Wolds is an annual event organised by the East Yorkshire LDWA. Helen completed the event in 4hrs 39mins. A knee injury cut short Warwick Anderson's participation in the Romp which was also run by Patrick Piggott and Deborah Cahill.

One of the club's endurance runners has successfully completed another marathon. Richard Ginn travelled to Italy to take part in the Florence Marathon which he finished in an excellent 2:54:24. This was Richard's second best time for the 26.2 distance and only 30 seconds outside his recently set PB.

Clare Davison took to the fells again, this time to run the 17K Eskdale Eureka from Castleton. Despite icy conditions Clare had a strong run finishing in around 89 minutes which earned her the 4th women's place and 2nd in category.

Pocklington Runners meet for training runs on Wednesday evenings at the Rugby Club at 18:30 where Club Captains Marcus and Jill will be pleased to welcome you. For full details visit www.pockrunners.com.