



Pocklington Runners report: Wednesday, 14 September 2011

Pocklington Runners go globe trotting

Richard Ginn travelled to Estonia to take part in the Tallinn Marathon and recorded a fast time of 3:04:20 coming 76th overall giving him a superb 12th place in his category.

Stuart Evans participated in the Alderney Half Marathon on the Channel Islands in hot and sunny conditions. Stuart had an excellent result coming in 12th in a time of 106:47.

Closer to home Mike Pullon ran the Robin Hood Marathon in a warm and windy Nottingham. Mike was disappointed with his time of 3:50:48 but was glad to finish despite suffering with pains in his feet from 11 miles.

Lockington staged the popular Major Stone Half Marathon with a strong head wind causing the runners a few problems. Helen Cross was 13th overall and the 2nd women to finish in a time of 85:11, then Steven Worth who was 19th in 89:10, Simon Rycroft overcame tight hamstrings to finish 26th in 92:10 just ahead of Stuart Smith who was making a strong return from injury in 92:23, Alan Kendra struggled over the last 6 miles but still came 36th in 94:01, Adele Shipley fought off the effects of a cold to finish just outside a PB in 70th place in a time of 104:49 which gave her 2nd in Category and Sue Vicary 104th in 118:44.

Pocklington Runners meet for training runs on Wednesday evenings at the Rugby Club at 18:30. For full details visit www.pockrunners.com