



Pocklington Runners report: Monday, 12 November 2012

Hannah takes Silver in Dubai

Pocklington Junior Hannah Stanton recently competed in an international competition.

The International Marine Club played host to a record 317 competitors participating in 16 categories in the pinnacle of the run-swim-run Biathle which is feeder sport of the Olympic sport of Modern Pentathlon.

UIPM President Dr H.C. Klaus Schormann stated: "This is now the 2nd time Dubai has hosted the Biathle World Championships, and the record number of participants travelling to the Middle East is very impressive. This event, together with UIPM agreeing with the Qatar Olympic Committee to host the next 4 Champion of Champions competitions in Qatar, underlines the growth and development Modern Pentathlon is sustaining in the Middle East which UIPM is capitalising on by opening a UIPM office in Kuwait. I wish all the Biathletes the best of luck on Saturday."

The Biathle race works by the athletes starting in a park start who complete one-half of the total running distance, before entering a 50 meter transition area. Athletes then dive into the water and swim the required swimming distance before exiting the water, putting on their shoes and running the second leg of the run to the finish line. Juniors will run from between 500m and 1000m, then swim between 50 and 100m and then finish the race with the same running distance. Adults run either 1km or 1.5km, swim 100 or 200m and conclude with the same running distance again

Hannah ran well in the heats qualifying for the final of 12, then coming 8th in the final she was third Brit home so gained a Silver medal in the team event.

Pocklington Runners meet for training runs on Wednesday evenings at the Rugby Club at 18:30 where Club Captains Marcus and Jill will be pleased to welcome you. For full details visit www.pockrunners.com.