



Pocklington Runners report: Tuesday, 26 June 2012

A bridge too far?

The Humber Bridge Half marathon is one of the big running events in this area and this year 1,306 runners completed the 13.1 miles run. The course takes the runners over the bridge into Barton and then back over the bridge. This year the hilly challenge was made tougher by drizzle and, on the return trip, strong winds on the bridge.

Stephen Worth led the Pocklington Runners finishing a strong run in 1:28:58 and an excellent 33rd place, not far behind in 47th place with a time of 1:30:27 was Ed Rawlings, Alan Kendra completed his first Humber Half in 1:35:24, Mike Pullon 1:35:43, Gary Tebbutt (5th in cat.) 1:36:05, Alison Thornton (3rd in cat.) 1:43:50, Jill Dowson (4th in cat.) 1:45:25, Paul Sheridan 1:45:50 and Helen Pickersgill 1:54:53.

Clare Davison represented the club at the Whorlton Fell run which she completed in 57:56 (3rd in cat.).

79 runners ran the scenic multi terrain Staveley Stampede 10K. Simon Rycroft enjoyed the conditions and came 5th in a fast time of 38:29 and Helen Reevell ran a strong 78:52.

Stephen Fletcher made his long awaited return at Rainton after getting injured last December when he tore a calf muscle. Fetch took part in the well organised Rainton 10k race and ran 71:53 in near ideal conditions; a tad warm with a welcome heavy rain shower at half way.

The full results of the Castle Howard , two lap multi terrain, 10K were Simon Rycroft 41:04 (2nd in cat.), Clive Reid 50:38 (3rd in cat.), Simon Weedy 52:01, Tracey Holden 59:58, Sue Vicary 60:20, Adrian Holden 60:30, Jackie Robinson 60:53 (1st in cat.) and Jodie Tate 62:01. The men's team was in 9th place and the women's team 4th.

Park Runners this week were (in Liverpool) Warwick Anderson 19:50 (1st in cat.) and Sharron Anderson 30:46 (4th in cat.).

A note for your running diary; On 21st July the Yorkshire Wolds Half Marathon is taking place as part of the Bishop Wilton Show. Tom Danby is putting together a team from the running club for the Tug of War competition which he hope will improve on last year's last position placing.

Pocklington Runners meet for training runs on Wednesday evenings at the Rugby Club at 18:30 where Club Captains Marcus and Jill will be pleased to welcome you. For full details visit www.pockrunners.com.