

Pocklington Runners report: Wednesday, 11 April 2012

Pocklington Runners go to Hull and back

The first running of the Hull Marathon took place on a chilly and damp Easter Sunday and proved to be a highly successful race for many of the Pocklington Runners that took part.

The course took the field of 876 runners around the City Centre, out to West Park and around the KC stadium, up Boothferry Road, over the Humber Bridge and back, through Hessle, around Pearson Park, down Hessle Road and onto the riverfront via the Marina and the Deep. The most difficult section of the race was the tedious drag, with a number of sharp turns and small rises, beyond the Deep. Once this was out of the way it was back to the City through Whitefriar Gate with a loop that finished at Alfred Gelder Street.

First back for the Club was Richard Ginn with a blistering PB of 2:51:06 (5th in category) an outstanding 11th position overall, followed by Simon Rycroft with a big PB of 2:56:13 in position 14 and then Richard Ramshaw who also set a PB with an excellent 3:12:02. Mike Pullon struggled over the last 6 miles and completed the race in 3:31:47; Gary Tebbutt had a solid run in 3:33:36. Drew Gill set an impressive PB of 3:49:26, Helen Pickersgill made sure her training paid off with a superb PB of 3:58:02. Sarah Stead and Deborah Cahill ran the race together and finished in 4:05:56 which was a PB for Deborah. Gordon Mellor completed his first marathon with a dogged 5:40:12.

All the runners were appreciative of the support provided by Alan Kendra, Paul Sheridan, Colin Shipley, Patrick Piggott, the relay team members; Alison, Jill, Sarah and Adele (who finished in 8th place in 3:47:39) and , of course the "Family Thornton" and Darren Reeve who gave up most of Easter Sunday to marshal and encourage all runners at the most remote part of the course.

Pocklington Runners meet for training runs on Wednesday evenings at the Rugby Club at 18:30. For full details visit www.pockrunners.com