



Pocklington Runners report: Friday, 02 March 2012

## Runners turn out for Snake Lane

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Perfect weather conditions welcomed the 695 runners who converged on Pocklington for this year's staging of the 10 mile Snake Lane road race organised by Pocklington Runners.

Patrick Piggott and his team of volunteer marshals and water station crews together with the administration provided by Rocky Langstaff and Kath Bee ensured that all the runners had an enjoyable and safe race day experience. Thanks for support for the event are due to Pocklington Rugby Club, Pocklington Explorer Scouts, Power Health, Sweatshop, Brooks, Pocklington Youth Centre, Woldgate College, St John's, Pocklington Police and the local residents of Pocklington.

The race was won by Andy Norman from Altrincham in a fast 50:28 with Melissa Neal of March being the first woman in an excellent 61:47.

Tom Danby led home the local runners in 8<sup>th</sup> position in 55:27, followed by Richard Ginn 60:27 (PB), Steven Worth 64:05, Kevin Norman 64:47, Warwick Anderson 65:14, Jim Holding 66:02, Richard Ramshaw 66:45, Simon Rycroft 67:01, Ed Rawlings 67:32, Stuart Smith 67:46, Simon Drew 68:14, Mike Pullon 68:43, Clive Jeffery 69:26 (PB), Stuart Evans 69:31, Harry Bryan 73:30, Sarah Stead was the first Pocklington woman in a time of 74:01, Clive Reid 75:03, Marcus Bourne 75:04, Drew Gill with a huge PB of 75:11, Paul Sheridan 77:33 (PB), Lindsay Cameron 77:47, Brian Perkins 77:53, Darren Reevell 82:02, Paul Holmes 82:18, Helen Pickersgill 83:43, Shelley Green 84:33, Steve Eastoe 84:59, Michael Smith 86:47, Tracey Holden 88:30, Debbie Rycroft 89:42, Jackie Robinson 90:01 (4<sup>th</sup> in category), Rod Robinson 90:30, Helen Crowle 91:42, Nicola Jenkins 92:20, Tracey Baty treated the spectators to a sprint finish as she crossed the line in a PB of 95:29, Sue Murphy 95:43, Emma Barker got a PB of 102:35, Di Thompson 104:03, Sharron Anderson dug deep to overcome a painful injury to finish in 113:04 and Gordon Mellor crossed the line in 125:54.

If you are training for a spring marathon and would like the company and support of other marathon runners then joining Pocklington Runners could be for you. We meet for training runs on Wednesday evenings at the Rugby Club at 18:30 feel free to call in a join us for a run; ask for Jill Dowson or Marcus Bourne who will introduce you to those looking to run the same distance and pace as you. For full details visit [www.pockrunners.com](http://www.pockrunners.com)